



GARISSA UNIVERSITY

UNIVERSITY EXAMINATION **2017/2018** ACADEMIC YEAR **TWO**
SECOND SEMESTER EXAMINATION

SCHOOL OF EDUCATION, ARTS AND SOCIAL SCIENCES

FOR THE DEGREE OF BACHELOR OF EDUCATION (ARTS)

COURSE CODE: PSY 211

COURSE TITLE: GUIDANCE AND COUNSELING

EXAMINATION DURATION: 3 HOURS

DATE: 06/04/18

TIME: 2.00-5.00 PM

INSTRUCTION TO CANDIDATES

- The examination has SIX (6) questions
- Question ONE (1) is COMPULSORY
- Choose any other THREE (3) questions from the remaining FIVE (5) questions
- Use sketch diagrams to illustrate your answer whenever necessary
- Do not carry mobile phones or any other written materials in examination room
- Do not write on this paper

This paper consists of TWO (2) printed pages

please turn over



QUESTION ONE (COMPULSORY)

- (a) Define the following terms:
- i. Guidance
 - ii. Counseling **[2 marks]**
- (b) Explain eight qualities of an effective counselor **[8 marks]**
- (c) Giving reasons, discuss the steps followed in counseling process **[15 marks]**

QUESTION TWO

- (a) With relevant examples explain what is meant by “inclusive education” **[5 marks]**
- (b) Give FIVE reasons why children with special needs require counseling **[10 marks]**

QUESTION THREE

- (a) Explain steps a counselor must follow to administer a successful referral process **[6 marks]**
- (b) Discuss unethical issues that should be observed by counselor **[9 marks]**

QUESTION FOUR

- (a) Distinguish between a career and occupation **[5 marks]**
- (b) Discuss the relevance of vocational education to learners **[10 marks]**

QUESTION FIVE

- (a) Discuss rational emotive theory **[10 marks]**
- (b) Explain the indicators of active listening in a counselor **[5 marks]**

QUESTION SIX

- (a) Define the term mental health according to WHO **[2 marks]**
- (b) Discuss four causes of the following psychological disorders in learners **[8 marks]**
- i. Anger
 - ii. Stress
- (c) Discuss stages of grief **[5 marks]**

