



## **GARISSA UNIVERSITY COLLEGE**

*(A Constituent College of Moi University)*

### **UNIVERSITY EXAMINATION 2016/2017 ACADEMIC YEAR ONE SECOND SEMESTER EXAMINATION**

#### **SUPPLEMENTARY/SPECIAL EXAMINATION**

**SCHOOL OF EDUCATION, ARTS AND SOCIAL SCIENCES**

**FOR THE DEGREE OF BACHELOR OF EDUCATION (ARTS)**

**COURSE CODE: EPE 111**

**COURSE TITLE: HEALTH EDUCATION PRACTICES AND HIV/AIDS**

**EXAMINATION DURATION: 3 HOURS**

**DATE: 27/09/17**

**TIME: 2.00-5.00 PM**

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#### **INSTRUCTION TO CANDIDATES**

- **The examination has SIX (6) questions**
- **Question ONE (1) is COMPULSORY**
- **Choose any other THREE (3) questions from the remaining FIVE (5) questions**
- **Use sketch diagrams to illustrate your answer whenever necessary**
- **Do not carry mobile phones or any other written materials in examination room**
- **Do not write on this paper**

**This paper consists of TWO (2) printed pages**

*Supplementary / special exam*

***please turn over***

*Good Luck – Exams Office*



### QUESTION ONE (COMPULSORY)

- (a) Identify any five groups of pregnant person with special needs [5 Marks]
- (b) Explain at least any five nutritional requirements of a pregnant person [10 Marks]

### QUESTION TWO

- (a) What are some of the general symptoms of nutritional deficiencies [2 Marks]
- (b) Give any three nutritional differences for children and elderly person [3 Marks]
- (c) Discuss any five effects of nutritional deficiency disorders [10 Marks]

### QUESTION THREE

- (a) Identify three occasions when people need to wash their hands to avoid spread of diseases [3 Marks]
- (b) List any two common childhood diseases [2 Marks]
- (c) Discuss any five strategies for improving health nutrition of the child and the family [10 Marks]

### QUESTION FOUR

- (a) Identify any three objectives of maternal and child health care services [3 Marks]
- (b) What are some of the factors that can affect pregnancy and child birth [6 Marks]
- (c) What is the significance of maternal and child health care services [6 Marks]

### QUESTION FIVE

- (a) List any two principles of primary health care [2 Marks]
- (b) What are some of the key components of Primary Health Care [3 Marks]
- (c) Discuss the problems facing the implementation of Primary Health Care [10 Marks]

### QUESTION SIX

- (a) Define the following terms;
  - i. Nutrition [2 Marks]
  - ii. Health [2 Marks]
  - iii. Food [2 Marks]
  - iv. Balanced Diet [2 Marks]
- (b) Explain any five factors that need to be considered in determining the nutritional requirements of individuals or groups [10 Marks]
- (c) Discuss ways through which HIV infection can be prevented [7 Marks]

