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**GARISSA UNIVERSITY**

**UNIVERSITY EXAMINATION 2020/2021 ACADEMIC YEAR FOUR**

**SECOND SEMESTER EXAMINATION**

**SCHOOL OF EDUCATION, ARTS AND SOCIAL SCIENCES**

**FOR THE DEGREE OF BACHELOR OF EDUCATION (ARTS)**

**COURSE CODE: EPE 415**

**COURSE TITLE: LIFE SKILLS**

**EXAMINATION DURATION: 2 HOURS**

**DATE: 08/10/2021 TIME: 12.00-2.00 PM**

**INSTRUCTION TO CANDIDATES**

* **The examination has FIVE (5) questions**
* **Question ONE (1) is COMPULSORY**
* **Choose any other TWO (2) questions from the remaining FOUR (4) questions**
* **Use sketch diagrams to illustrate your answer whenever necessary**
* **Do not carry mobile phones or any other written materials in examination room**
* **Do not write on this paper**

**This paper consists of TWO (2) printed pages *please turn over***

**QUESTION ONE (COMPULSORY)**

1. Briefly explain the meaning of the following terms. (5marks)
2. Radicalization. 1mk
3. Resilience. 1mk
4. Life skills.
5. Emotional intelligence.
6. CBC designs have PCI that have been identified as significant in life of an individual and the society. They have been mainstreamed in schemes of work and the lesson plan.
7. Explain the meaning of PCI. (2 marks)
8. Explain any TWO core competencies that you may achieve in your lesson.. (2marks)
9. Briefly discuss how an early years teacher can enhance self-esteem in his/ her learners   (5marks)
10. Mention FIVE goals of education in Kenya that provide opportunities for fostering national cohesion and integrations .(5marks)
11. Discuss THREE causes of stress among early childhood leaners (6marks)
12. State FIVE benefits of life skills education (5marks)

**QUESTION TWO**

1. Critically analyze the process of effective decision-making. (10marks)
2. you have been invited to join a panel on Star FM radio in Garissa on life skills education for young people. Discuss the categories of life skills that young need to acquire to cope up with the challenges they face.  (10marks)

**QUESTION THREE**

Discuss the teaching approaches that you would use to impart life skills in your classroom

**QUESTION FOUR**

1. Discuss five barriers to effective communication.  (10marks)
2. Describe five objectives of life skills education in primary school children in Kenya (10 marks)

**QUESTION FIVE**

1. Discuss causes of   drug and substance abuse among the youths  (10 marks)
2. Discuss the three categories of life skills giving examples. (10marks)